# What jobs can I do in HEALTH CARE?

# NURSE PRACTITIONER

A Nurse Practitioner is an advanced practice registered nurse. They have advanced clinical training which enables them to authorise and diagnose illnesses, treat conditions and give health education to their patients. They are able to examine medical histories, do physical evaluations and order or carry out diagnostic tests, eg x-rays and ultrasound. The Nurse Practitioner often specialise in neonatal, family, women health issues and mental health.

### **ORTHODONTIST**

An Orthodontist treats patients who have dental issues. This can involve realigning and straightening teeth by fitting braces, retainers and space maintainers, using x-rays to decide on the work necessary. They would also estimate the cost of the treatment for patients. Work carried out can improve self confidence and improve mental health issues and is therefore very rewarding. Other duties include cleaning and educating patients on hygiene and healthy eating.

### **DOCTOR**

There are a variety of roles for Doctors in the medical profession. They may work in a practice seeing patients on a daily basis for all conditions, including examinations as well as referring patients for x-rays and hospital appointments. Some Doctors specialise in a specific field of medicine working in a hospital in a variety of roles.

### PHYSICAL THERAPIST

A Physical Therapist helps patients with their mobility issues/pain. After an accident, fall or operation a patient may need physio to help regain/improve movement in joints. They will teach a patient appropriate exercises for their condition and putt together an exercise plan with follow-up appointments to check on progress.



## MORE INFORMATION ABOUT HEALTH CARE CAREERS

For more information on careers within the health care industry contact Careers Advisor, Mrs Clelland. You can also visit websites such as <a href="https://www.healthcareers.nhs.uk">www.healthcareers.nhs.uk</a>. Check out university courses in the medical industry and what qualifications you need and length of the University course.